| Conference Overview Schedule | | |
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| Sunday, January 12, 2020 | | |
| 7:00 AM to 6:00 PM | Registration & Info | North Entry Foyer |
| 7:00 AM to 8:00 AM | Yoga for Farmers | Roanoke Ballroom A-B |
| 8:00 AM to 6:00 PM | Tradeshow and Silent Auction | |
| 8:30 AM to 5:30 PM | Youth Program | Mill Mountain |
| 8:30 to 10:00 AM | Session A (Book signings following) | |
| Break | Trade show, Silent Auction, Fireside Chats | |
| 10:30 AM to 12:00 PM | Session B (Book signings following) | |
| 12:15 to 1:45 PM | Opening Remarks by Bettina Ring, Virginia Secretary of Agriculture & Forestry; LUNCH & Keynote Address by Ellen Polishuk | Roanoke Ballroom C-H |
| 1:00 to 10:00 PM | Taste of Virginia Market & Expo | Roanoke Ballroom A-B |
| 2:00 to 3:30 PM | Session C (Book signings following) | |
| 3:30 PM | Cooking Demo with Chopped Champion Tanya Caulthen at the Taste of Virgina Market & Expo | Roanoke Ballroom A-B |
| Break | Trade show, Silent Auction, Fireside Chats | |
| 4:00 to 5:30 PM | Session D (Book signings following) | |
| Break | Trade show, Silent Auction, Fireside Chats | |
| 6:00 PM | DINNER, Keynote Address by Laura Lengnick | Roanoke Ballroom C-H |
| 7:30 to 10:00 PM | Taste of Virginia Social with music by The Jared Stout Band | Roanoke Ballroom A-B |

| Monday, January 13, 2020 | | |
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| 7:00 AM to 5:00 PM | Registration & Info | North Entry Foyer |
| 7:00 to 8:00 AM | Yoga for Farmers | Roanoke Ballroom A-B |
| 7:30 to 8:15 AM | Networking Meetings | |
| 8:00 AM to 4:00 PM | Tradeshow and Silent Auction | |
| 8:30 AM to 5:00 PM | Youth Program | Mill Mountain |
| 8:30 to 10:00 AM | Session E (Book signings following) | |
| Break | Trade show, Silent Auction, Fireside Chats | |
| 10:30 AM to 12:00 PM | Session F (Book signings following) | |
| 12:15 to 1:15 PM | LUNCH & Annual VABF Member Meeting | Roanoke Ballroom C-H |
| 1:30 to 3:00 PM | Session G (Book signings following) | |
| 2:00 PM | Silent Auction Bidding Ends | Appalachian |
| Break | Trade show, Fireside Chats | |
| 3:00 to 5:00 PM | Silent Auction Pick-Up & Payment | Appalachian |
| 3:30 to 5:00 PM | Session H (Book signings following) | |