

Schedule of Concurrent Sessions			
Sunday, January 12, 2020			
7:00 AM - 8:00 AM			
	Yoga for Farmers	Mary Cush	Roanoke Ballroom E-H
Session A: 8:30 AM - 10:00 AM			
Track	Title	Presenters	Location
Climate Resilience & Soil Health	Using minimum tillage and cover cropping to help organic producers build an ecologically based weed management program	Cerruti RR Hooks, University of Maryland	Pocahontas
Regenerative Livestock & Systems	The Conscious Omnivore	Alexis Russell, Ayrshire Farm	Buck Mountain
Fruit, Veggie, & Flower Production	Selecting Vegetable Varieties for Greenhouse Production	Paul Gallione, Johnny's Selected Seeds	Shenandoah B
Forest Farming, Medicinals, & Permaculture	Community Food Forests: Dos, Don'ts, and Deliverables	John Munsell, Virginia Tech University	Crystal Ballroom D-E
Farm Business, Policy, & Land Access	Moving to Greener Pastures: How to Prepare to Transition Your Operation	Maggy Gregory, Adams & Fisk/Gregory Family Farms	Shenandoah A
Diversifying your Farm & Specialty Crops	Mushrooms, Mycelia, and Mycorrhizae	Mark Jones, Sharondale Mushroom Farm	Crystal Ballroom A-C
Session B: 10:30 AM – 12:00 PM			
Track	Title	Presenters	Location
Climate Resilience & Soil Health	Climate Disruption Got You Spooked? Invest in Your Soil!	Mark Schonbeck, Organic Farming Research Foundation	Pocahontas
Regenerative Livestock & Systems	The Chicken Year: a calendar for poultry growers	Brent & Anna Wills, Bramble Hollow Farm	Buck Mountain
Fruit, Veggie, & Flower Production	The 101 of Edible Landscaping	Michael McConkey, Edible Landscaping Nursery	Shenandoah B
Forest Farming, Medicinals, & Permaculture	Growing Medicinal & Culinary Herbs - Leaf Production	Katherine Herman, Gathered Threads	Crystal Ballroom D-E
Farm Business, Policy, & Land Access	Boost Your Farm Income with Vermicomposting	Rhonda Sherman, North Carolina State University	Shenandoah A
Diversifying your Farm & Specialty Crops	Opportunities and Challenges with Industrial Hemp	Jabari Byrd, Virginia Tech University	Crystal Ballroom A-C

Session C: 2:00 PM - 3:30 PM			
Track	Title	Presenters	Location
Climate Resilience & Soil Health	Soil Doesn't Follow Trends, But it Does Dig Best Management Practices	Monica Pape, The Accidental Agronomist	Pocahontas
Regenerative Livestock & Systems	Raising Rabbits for Profit	Nichki Carangelo, Letterbox Farm Collective	Buck Mountain
Fruit, Veggie, & Flower Production	Beyond Zinnias: The Next Level of Flowers to Add to your Farm	Gwynn Hamilton, Stonecrop Farm	Shenandoah B
Forest Farming, Medicinals, & Permaculture	Managing Climate Climate Change with Permaculture Design	Patrick Johnson, Diversity Permaculture	Crystal Ballroom D-E
Farm Business, Policy, & Land Access	Creating local Agrarian Commons - supporting community centered land ownership for benefit of next generation farmers and ranchers	Ian McSweeney, Agrarian Trust	Shenandoah A
Diversifying your Farm & Specialty Crops	They are not so Micro: Adding value to your farming operation through microgreen and shoot production.	Holly Hammond, Whisper Hill Farm	Crystal Ballroom A-C
Session D: 4:00 PM - 5:30 PM			
Track	Title	Presenters	
Climate Resilience & Soil Health	Tapping Biochar's Potential for Your Farm and Our Climate	Harry Groot, SunriseValley Farm/Dovetail Partners	Pocahontas
Regenerative Livestock & Systems	Farming the Future: Our Holistic Approach to Healing Ground and Feeding Families with Livestock and Specialty Grains	CJ Isbell, Keenbell Farm	Buck Mountain
Fruit, Veggie, & Flower Production	Eat From Your Garden Year Round	Barbara Pleasant, Author, lecturer, columnist	Shenandoah B
Forest Farming, Medicinals, & Permaculture	Forest Farming: Black Cohosh Case Study	Katie Commender and Michelle Pridgen, Appalachian Sustainable Development (ASD)	Crystal Ballroom D-E
Farm Business, Policy, & Land Access	Finding and Keeping Your Place in the Market	Ellen Polishuk, Plant to Profit	Shenandoah A
Diversifying your Farm & Specialty Crops	The Whole Okra: A Seed to Stem Celebration	Chris Smith, The Utopian Seed Project	Crystal Ballroom A-C

Monday, January 13, 2020			
7:00 AM - 8:00 AM			
	Yoga for Farmers	Mary Cush	Roanoke Ballroom E-H
7:30 AM - 8:15 AM			
	Title	Presenters	Location
Networking Sessions	Mountains Region	facilitated by Brent Wills, Adam Taylor & Daniel Key	Pocahontas
Networking Sessions	Piedmont Region	facilitated by Mark Jones & Kevin Fletcher	Shenandoah A
Networking Sessions	Coastal Region	facilitated by Resi Connell	Buck Mountain
Networking Sessions	Farmers of Color	facilitated by Michael Carter, Jr.	Crystal D-E
Networking Sessions	Beginning Farmers	facilitated by Kim Niewolny	Crystal A-C
Session E: 8:30 AM - 10:00 AM			
Track	Title	Presenters	Location
Climate Resilience & Soil Health	Cultivating Climate Resilience on Your Farm	Laura Lengnick, Cultivating Resilience	Pocahontas
Regenerative Livestock & Systems	Integrating sheep into perennial cropping systems such as vineyards	Joseph Brinkley, Bonterra Organic Vineyards	Buck Mountain
Fruit, Veggie, & Flower Production	Growing Great Vegetables in Virginia	Ira Wallace, Southern Exposure Seed Exchange	Shenandoah B
Forest Farming, Medicinals, & Permaculture	So, you want to grow food and medicine in your woodlot; let's talk	James Chamberlain, USDA Forest Service	Crystal Ballroom D-E
Farm Business, Policy, & Land Access	Farm Bill Programs: Where things stand nationally and in Virginia.	Jill Auburn (moderator), Michael Happ, NSAC & Eric Capps, NRCS., VABF policy team	Shenandoah A
Diversifying your Farm & Specialty Crops	Unusual Uses for Common Crops	Chris Smith, The Utopian Seed Project	Crystal Ballroom A-C

Session F: 10:30 AM - 12:00 PM			
Track	Title	Presenters	Location
Climate Resilience & Soil Health	There's Nothing Sexy About Soil Fertility...It Just Leads To Bigger Yields	Monica Pape, The Accidental Agronomist	Pocahontas
Regenerative Livestock & Systems	What is the role of a beekeeper? — Hands on vs. hands off approaches to biodynamic beekeeping	Alex Tuchman, Spikenard Farm Honeybee Sanctuary	Buck Mountain
Fruit, Veggie, & Flower Production	Making a Garden Map	Cindy Conner, Homeplace Earth	Shenandoah B
Forest Farming, Medicinals, & Permaculture	Environmental Nutrition - Symbiotic relationship between the Environment and Nutrition	Amanda Terillo, Amanda Terillo Nutrition Counseling	Crystal Ballroom D-E
Farm Business, Policy, & Land Access	Meat 101: How to sell what you raise	Tanya Cauthen, Belmont Butchery	Shenandoah A
Diversifying your Farm & Specialty Crops	Africulture: Growing African ethnic vegetables	Michael Carter Jr., Carter Farms	Crystal Ballroom A-C
Session G: 1:30 PM - 3:00 PM			
Track	Title	Presenters	Location
Climate Resilience & Soil Health	Take a Stand for the Land!	Ben Coleman, Mountain Run Farm	Pocahontas
Regenerative Livestock & Systems	BANGUS Meat Goats	Renard Turner, Vanguard Ranch	Buck Mountain
Fruit, Veggie, & Flower Production	Radical Regenerative Gardening and Farming	Frank Holzman, Recovery Eco Ag Project	Shenandoah B
Forest Farming, Medicinals, & Permaculture	Producing Perennial Profits with Paw Paws and Persimmons	Michael McConkey, Edible Landscaping Nursery	Crystal Ballroom D-E
Farm Business, Policy, & Land Access	Local Food Sourcing in Roanoke: past, present, and future	Maureen McNamara Best, LEAP; Nate Sloan, Bloom; Susanna Thornton, Thornfield Farm; Jerry Conner, Four Oaks Farm; Tenley Weaver, LocaMotive Aggregator; Bruce Phelgar, Roanoke Natural Foods Co-op	Shenandoah A
Diversifying your Farm & Specialty Crops	Pesticide Compliance for Organic Crops and Hemp in Virginia	Daniel Sweeney, Seven Springs Farm	Crystal Ballroom A-C

Session H: 3:30 PM - 5:00 PM			
Track	Title	Presenters	Location
Climate Resilience & Soil Health	The Hidden Logic Inherent in Making Biodynamic Preparations	Gunther Hauk, Spikenard Farm Honeybee Sanctuary	Buck Mountain
Regenerative Livestock & Systems	Pastured Poultry on the Diversified Farm	Nicki Carangelo, Letterbox Farm Collective	Pocahontas
Fruit, Veggie, & Flower Production	Understanding organic insecticides	Dr. Thomas P. Kuhar, Virginia Tech University	Shenandoah B
Forest Farming, Medicinals, & Permaculture	Polyculture Production: Agroforestry and other Diversified Farming and Forestry Strategies	John Munsell, Virginia Tech University	Crystal Ballroom D-E
Farm Business, Policy, & Land Access	Virginia State Politics: how to get involved and make positive change happen!	Anne Buteau, Old Orchard Farm	Shenandoah A
Diversifying your Farm & Specialty Crops	Growing A New Generation of Gardeners and Farmers: Designing and Implementing a Children's Teaching Garden	Mark Angelini, Allison Angelini, Mary Jo Boone, Tony Martin, Mountain Run Permaculture	Crystal Ballroom A-C